



LAKE LINGANORE ASSOCIATION POOL RULES AND REGULATIONS

(Revised June 2010)

GENERAL REGULATIONS

1. No member is allowed admission until dues, fees or fines are paid or current on payment plan.
2. To use pool facilities, members must present membership cards to pool staff at entrance; no exceptions. Member cards are to be kept at the guard office during daily visits. Upon entry with member guests are required to wear a wrist ID bracelet distributed for admission (see guest entry fee under Guest Admission Policy).
3. Members may be denied admittance when pool facility is at capacity.
4. Lost or stolen membership cards can be replaced at a cost of \$5 per card.
5. Members, associates, and guests use recreational facilities at their own risk. LLA is not responsible for loss, theft or damage to personal property or for articles left in automobiles or on pool grounds. Members and guests are responsible for their own willful or malicious damage to facility.
6. Violation of the rules constitutes suspension of privileges. Pool management has the authority to suspend pool privileges. Lifeguards and pool managers are the authority in all matters pertaining to the safety, operation and management of the pool. Pool lifeguard or pool manager can require a resident and/or guest to leave the pool area due to a violation of rules and can ban further admittance pending a report to the LLA management within forty-eight (48) hours of the violation.
7. Minors are not permitted to smoke or drink in the pool/cabana areas or inside/outside of the fence, as required by Maryland law.
8. Any person who climbs a pool fence to gain admittance to the pool will be dealt with as a trespasser.
9. Complaints are to be made to pool manager, who is responsible to LLA management.
10. Pool hours may occasionally be restricted from general use in order to permit special events as authorized by the LLA board of directors.
11. Bicycles may not park directly in front of pool entrance.
12. Pets prohibited.
13. Members may use pool pay phone only.
14. As a general rule swim lessons and team practices are scheduled to avoid conflict with general usage.

POOL SAFETY REGULATIONS

1. No one will be allowed in the swimming pool area unless the pool is officially open and a lifeguard is on duty. Entering the pool premises when it is not open for public use is punishable by fines or imprisonment or both.
2. Children under the age of 12 must be accompanied by a parent or responsible person 16 years old or older. In addition, children under 7 years old must be accompanied by a parent or responsible person, in a swim suit at all times including in the water, on the deck and in the restroom. While in the water, the parent or responsible person must remain within arms reach of the child. Any child who cannot swim the length of the pool or requires a flotation device (acceptable list follows) must be under close and constant supervision by parent or responsible person in order to assure the child's safety.
3. Acceptable flotation devices in the big pool are as follows: Coast Guard approved life-jackets, PDFs, some swim suit attached floats and noodles (only when parent or persons listed above are within arms reach of child). Pool manager reserves the right to allow or disallow devices based on child's ability to swim or control their buoyancy, the size of the object and the number of bathers in the pool at the time.
Wading/baby pool: small toys, balls, small inflatable devices, again, at the pool manager's discretion.
4. Authorized patrons 18-years or older may have up to ten (10) guests. In order to bring more guests, patrons have to obtain permission from the property manager, 301-831-6400, ext. 15. Residents are responsible for their guests' actions.
5. Appropriate swim wear must be worn at all times.
6. For the health of all staff and patrons, persons who have visible skin blisters, large open cuts, large areas of exposed sub-skin tissue, sore or inflamed eyes, severe nasal or ear discharge or wearing bandages or multiple Band-Aids® or are experiencing even a mild case of diarrhea may not be permitted in the pool.

7. NO GLASS, ALCOHOL OR TOBACCO is permitted anywhere in the pool area or entrance to the pool area. Persons who appear to be under the influence of alcohol or narcotics will be denied admission.
8. Running, boisterous or rough play, pushing, acrobatics, dunking, wrestling, excessive splashing, yelling, diving or jumping dangerously or any improper conduct causing undue disturbances in or about the pool area and bathrooms or any acts that would endanger any patron are prohibited. The lifeguards have authority to enforce all pool rules. Patrons who repeatedly violate the rules will be ejected by the pool manager.
9. Abusive or profane language is not permitted.
10. No prolonged underwater swimming for time and/or distance. Competitive and/or repetitive breath holding can be deadly and is not permitted. Hyper-ventilation is absolutely not permitted.
11. Radios, CD/tape players or other music sources must be kept away from the water's edge. Volume must remain at a reasonable level so as not to disturb other patrons (use of headphones are most appreciated). If any pool patron complains about the volume, the guard will have it adjusted to an acceptable level.
12. The lifeguard is the absolute authority in all matters pertaining to the safety and operation of the pool. They are there for your protection. Please do not distract them in any way. If you need to talk with one of them, wait until she/he is away from their guarding post.
13. For your safety, the pool will be cleared once an hour for 15 minutes. This time may be used by adults (16 years or older) for recreation or lap swimming. An adult may bring with them into the water an infant or child up to three years old during this time.
14. Diving is allowed only in designated areas. Diving in water less than nine-feet, back dives, somersaults, "cannon balls", and other dangerous stunt jumps from the side of the pool or any other unsafe activities are not permitted.
15. Playing near or around the pool drains is strictly prohibited.
16. During storms, pool will be closed and the entire area cleared of patrons at the discretion of the pool manager. The pool will remain closed for 30-minutes past the last flash of lightning or sound of thunder.
17. Diving from the edges of the deep well in either the Coldstream or Summerfield pool is prohibited. (Westwinds does not have a deep well) No exceptions. Members who wish to dive may only use the diving board at the Summerfield pool.
18. No organized activities involving multiple swimmers or groups are allowed in the deep well of either pool. It is to be used for general swimming purposes only.

POOL HEALTH REGULATIONS

1. Children who are not toilet-trained must wear disposable swim diapers in any of the pools.
2. Individuals with a known medical or physical condition that could place them at higher than normal risk while in or around the pool, should be accompanied by a parent or responsible person 16-years old or older.
3. Spitting, spouting of water, blowing nose or urinating in the pool are prohibited.
4. All litter must be placed in proper receptacles.
5. Chewing gum is prohibited.

GUEST ADMISSION POLICY

LLA and associate pool members must accompany guests at all times and are responsible for any damages their guests incur.

1. Guest admission fees are as follows:
 - For associate member guest— \$5 fee at the gate
 - For LLA member guest— \$5 at the gate
2. Limit of 10 guests at one time. Parties larger than 10 people must contact the office prior to date of visit.

LLA Recreation Facilities Regulations

1. No bicycles, skateboards, scooters, etc. allowed on tennis courts.
2. Pool and tennis activities may occasionally be restricted from general use in order to permit special events as authorized by the LLA board of directors.
3. Gas-powered model airplanes, racing cars, go-carts, mini-bikes, skateboards, roller skates or rollerblades also prohibited from tennis and basketball courts, swimming area, and parking lots.